

## Amla Fruit Powder

*Cat. No. AFP-002*

*Lot. No. (See product label)*

### **Introduction**

**Description** In Ayurveda, Amla is one of the most known plants and is widely used for several medicinal purposes. Many prescriptions of rejuvenation and anti aging, in particular, include Amla as one ingredient. The fruits are rich in vitamin C and are considered the most excellent source of vitamin C among plants; they have been used for tonic, diuretic and so on. It has been said in India that if you eat 3 fruits of Amla you will not catch a cold.

### **Product Information**

**Form** Lyophilized powder

### **Storage and Shipping Information**

**Storage** 2 years under well storage situation and stored away from direct sun light